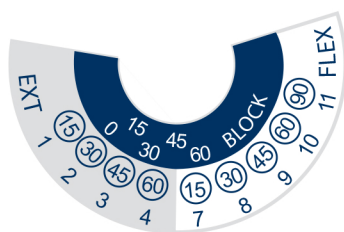
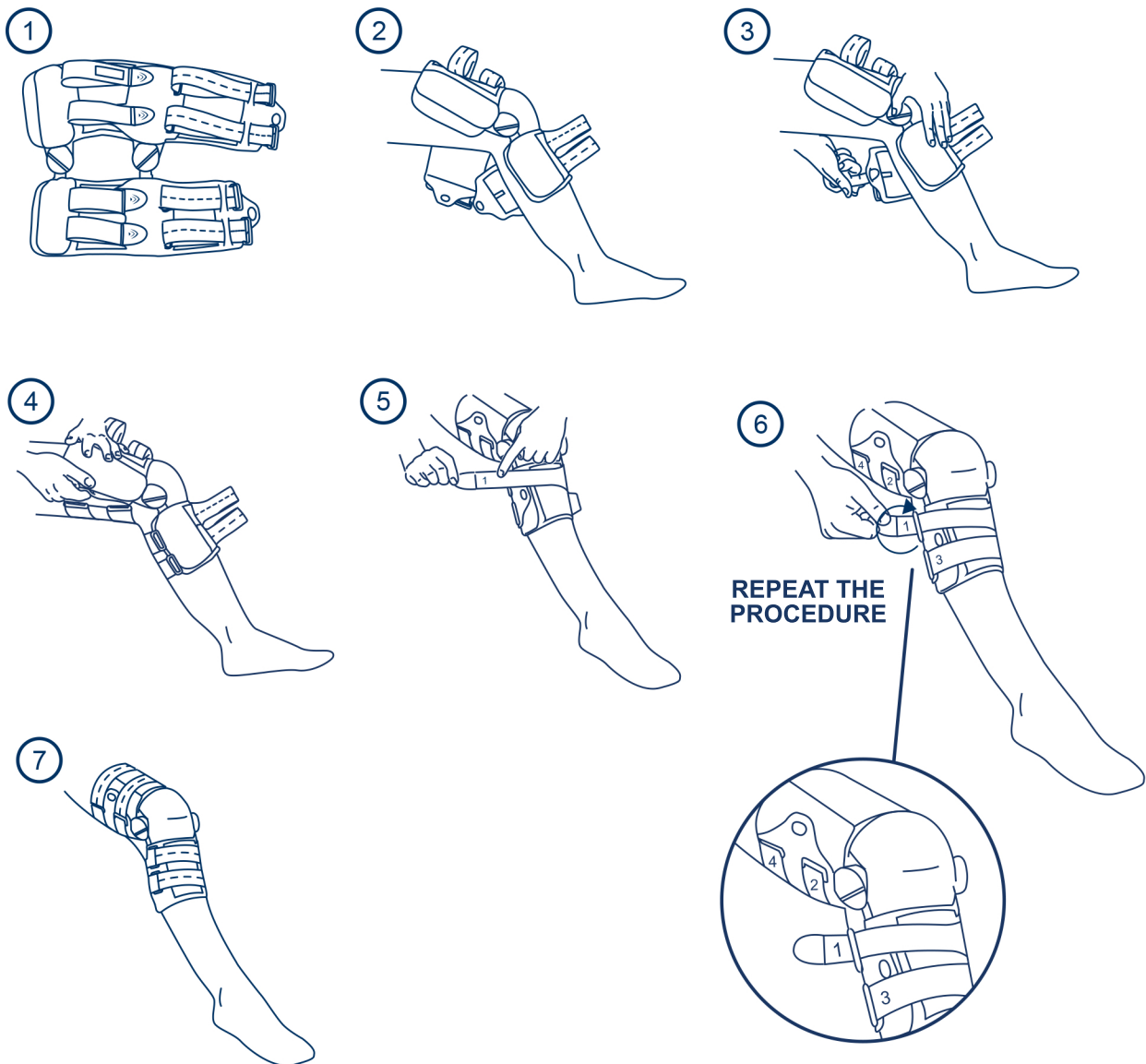


INSTRUCTIONS #53 - INSTABILITY BRACE



	0°	15°	30°	45°	60°	90°
BLOCK	1	2	3	4	5	
EXT		1	2	3	4	
FLEX			7	8	9	10 11